

Arolla huts: Aiguilles Rouges & Dix

29 September 2026 – 1 October 2026 · 3 days · Hiking, Mountaineering · 28,0 km · 2.548 m ↑

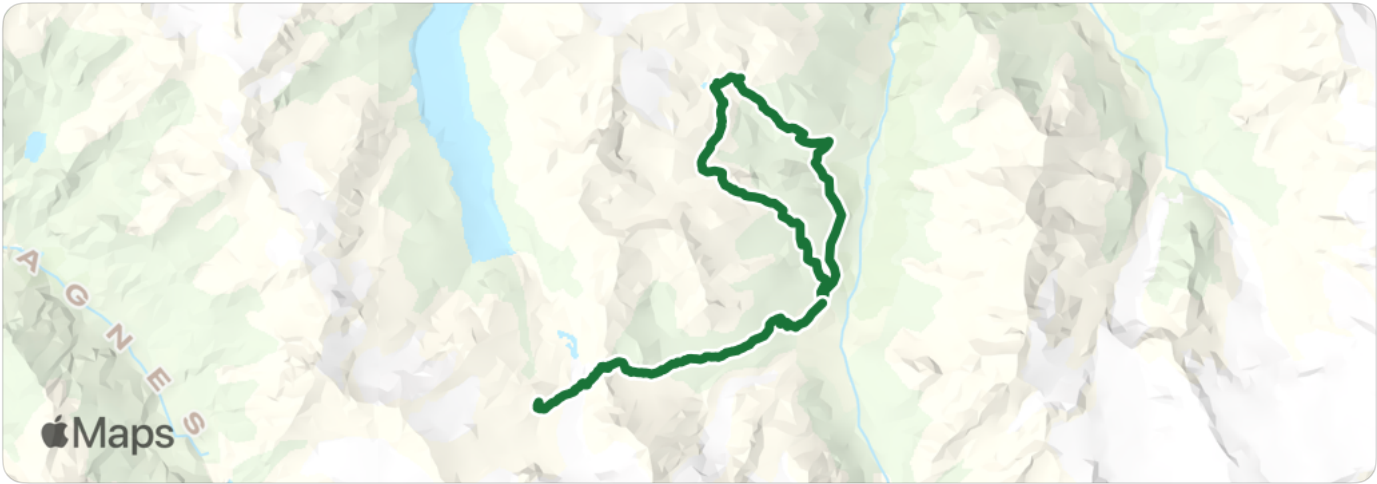
PARTY

1		tel	
2		tel	
3		tel	
4		tel	

LOGISTICS & EMERGENCY

Start / meeting point	
Transport / parking	
Hut / booking	
Late-back contact	

Emergency 112 · Rega 1414 · PGHM 04 50 53 16 89 · Insurance:

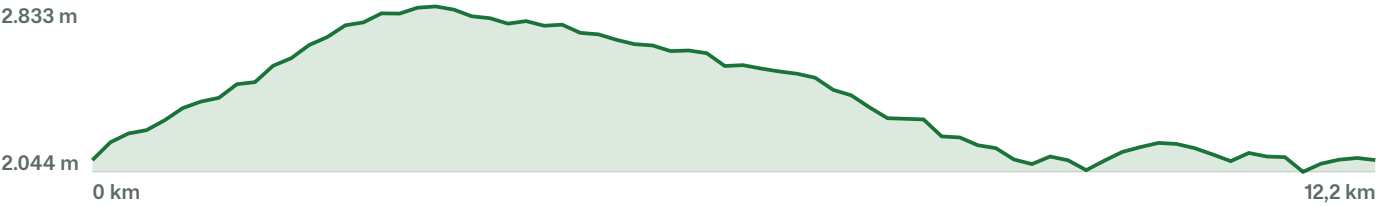
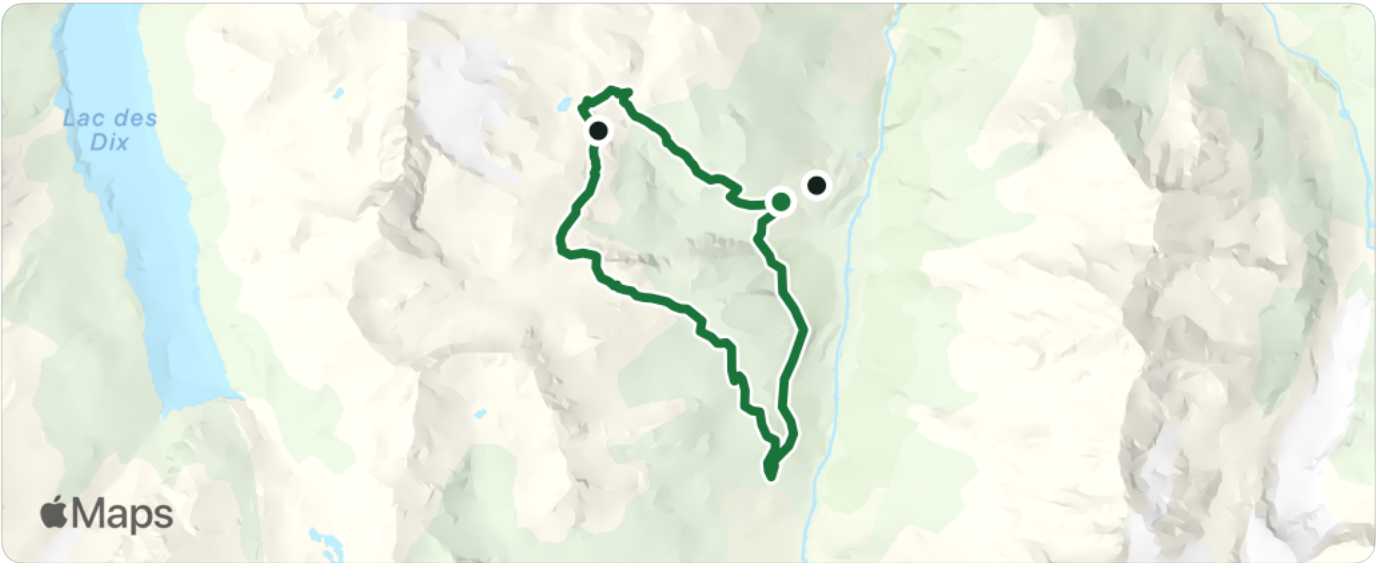


ITINERARY

DAY	OBJECTIVE / ROUTE	KM	↑ M	↓ M	TIME	TURN
1	Aiguilles Rouges hut loop via Lac Bleu (acclimatisation)	12,2	1.073	1.073	4h 13	12:30
2	Arolla → Pas de Chèvres ladders → Cabane des Dix	7,9	1.155	320	3h 31	12:00
3	Cabane des Dix → Pas de Chèvres → Arolla	7,9	320	1.155	2h 07	10:30

Aiguilles Rouges hut loop via Lac Bleu (acclimatisation)

PLAN B Lac Bleu only from La Gouille, PostBus back to Arolla



ROUTES

ROUTE	SPORT	KM	↑ M	↓ M	TIME
Aiguilles Rouges hut loop via Lac Bleu	Hiking	12,2	1.073	1.073	4h 13

TIME PLAN

LATEST	PLACE	IF LATE / CONDITION FAILS	ACTUAL
	Start		
11:30	Cabane des Aiguilles Rouges	Skip the Tête du Tronc, descend straight to the Lac Bleu	
14:00	Lac Bleu	Down to La Gouille, PostBus to Arolla	
12:30	TURNAROUND	or first thunder	
	Back at hut / valley		

VIABLE IF

- ☒ Balcony path above the Lac Bleu is dry
- ☒ No thunderstorm forecast before 15:00
- ☐ Everyone arrived rested in Arolla

WEATHER WINDOW

Window all day · 0°C · 3.860–4.030 m

	05:00	08:00	11:00	14:00	17:00	20:00
Sky	Cloudy	Cloudy	Cloudy	Cloudy	Cloudy	Cloudy
Temp	9°	9°	13°	14°	14°	10°
Precip mm	0,0	0,0	0,0	0,0	0,0	0,0
Wind km/h	3	5	6	13	11	1
0°C level m	3.990	3.980	3.980	3.930	3.920	3.870

Forecast at rendering time; recheck before you start.

HAZARDS & ASSUMPTIONS

Loose ground on the balcony path above the Lac Bleu; full sun on the south face all morning. Last PostBus La Gouille → Arolla around 18:00: check the timetable at the stop.

WAYPOINTS

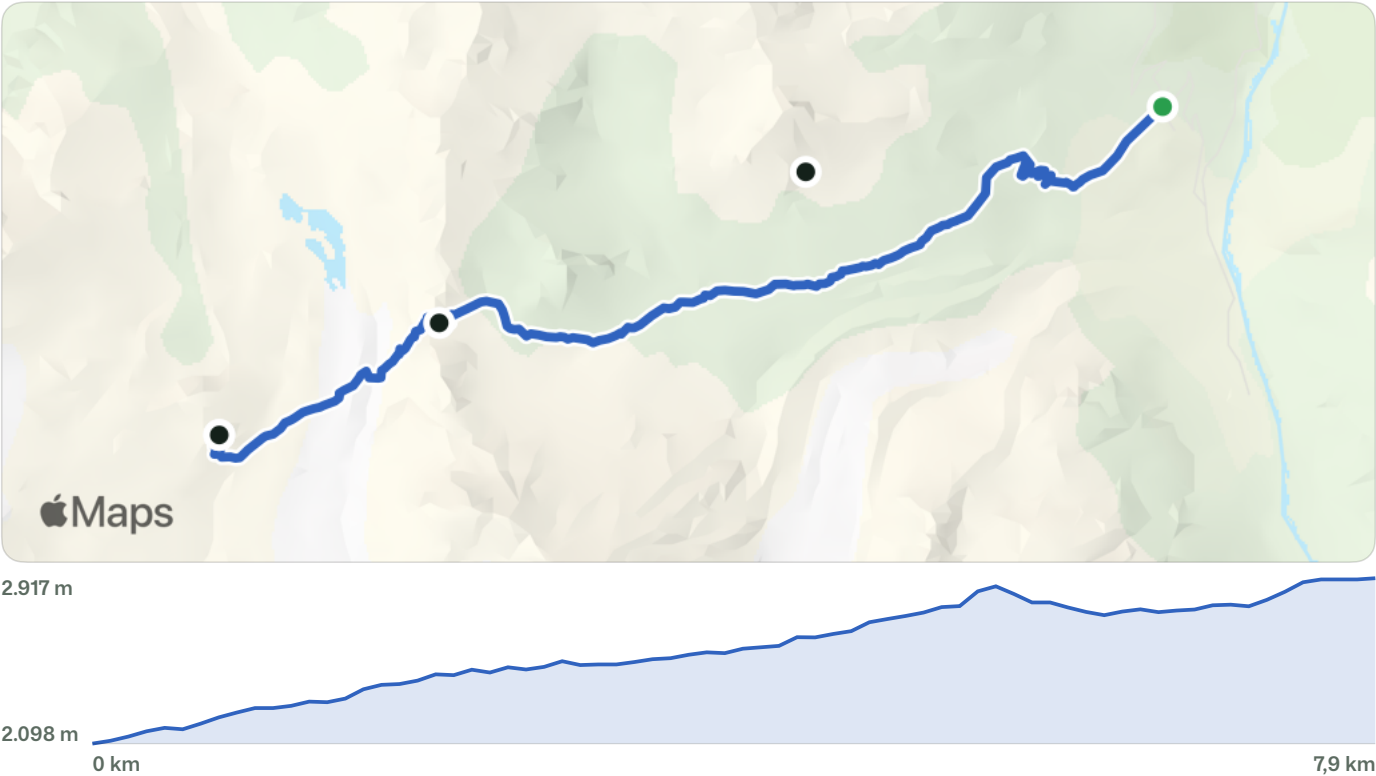
- Cabane des Aiguilles Rouges · 46.05643, 7.45748 · 2810 m · hut of the SAC section Genève · lunch and water
- Lac Bleu · 46.05170, 7.48470 · 2090 m · the balcony path back to Arolla starts on the west shore

NOTES

Drive to Arolla in the morning, park at the village car park, PostBus to La Gouille (10 min). Dinner and night in Arolla.

Arolla → Pas de Chèvres ladders → Cabane des Dix

PLAN B Turn at pt 2455, sleep in Arolla, retry the Dix on day 3 as a day trip



ROUTES

ROUTE	SPORT	KM	↑ M	↓ M	TIME
Arolla – Pas de Chèvres – Cabane des Dix	Mountaineering	7,9	1,155	320	3h 31

TIME PLAN

LATEST	PLACE	IF LATE / CONDITION FAILS	ACTUAL
	Start		
09:30	Top of the last ski lift (pt 2455)	Back to Arolla, Plan B	
11:00	Pas de Chèvres (top of the ladders)	Do not start the glacier after 13:00: return to Arolla	
13:30	Cabane des Dix	Call the hut if later than 15:00	
12:00	TURNAROUND	or wind / whiteout at the pass	
	Back at hut / valley		

VIABLE IF

- ☐ Glacier de Cheilon dry and tracked, no fresh snow
- ☐ Wind below 40 km/h at the pass (ladders)
- ☐ No thunderstorm forecast before 15:00
- ☒ Hut booking confirmed (half board, 4)

WEATHER WINDOW

Window all day · 0°C · 3.680–3.830 m

	05:00	08:00	11:00	14:00	17:00	20:00
Sky	Cloudy	Cloudy	Clear	Cloudy	Rain	Rain
Temp	7°	6°	10°	10°	8°	7°
Precip mm	0,0	0,0	0,0	0,0	0,3	0,1
Wind km/h	4	3	5	8	7	1
0°C level m	3.680	3.740	3.780	3.818	3.820	3.790

Forecast at rendering time; recheck before you start.

HAZARDS & ASSUMPTIONS

Four ladder sections (≈20 m) at the Pas de Chèvres: one at a time, sling in if unsure. Crevasses at the moraine edge of the Glacier de Cheilon; stay on the track. Storms build over the Cheilon basin from mid-afternoon. The hut is at 2928 m: watch for headaches and nausea in the evening.

WAYPOINTS

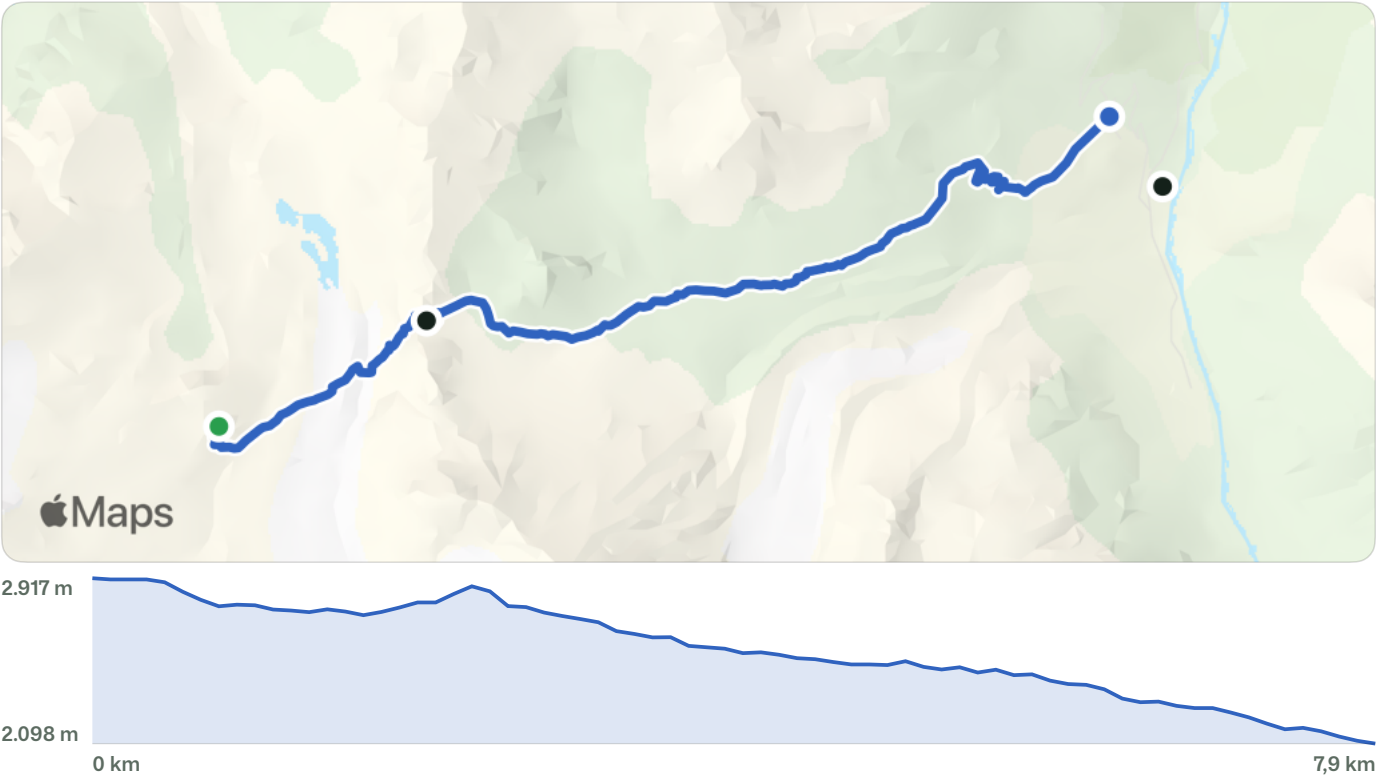
- Top of the last ski lift (pt 2455) · 46.02310, 7.45570 · Leave the pistes here and head west up the combe
- Pas de Chèvres ladders · 46.01628, 7.43183 · 2855 m · four ladder sections, about 20 m · exposed but well maintained
- Cabane des Dix · 46.01121, 7.41752 · 2928 m · SAC hut, half board booked for 4 · guardian tel. +41 27 281 15 23

NOTES

Breakfast 06:30, walking by 07:15. Fill water at the Tsijiore Nouve stream: none on the glacier. Hut dinner at 18:30.

Cabane des Dix → Pas de Chèvres → Arolla

PLAN B Descend to Le Chargeur (Lac des Dix), PostBus via Hérémence, taxi back to Arolla



ROUTES

ROUTE	SPORT	KM	↑ M	↓ M	TIME
Cabane des Dix – Pas de Chèvres – Arolla	Mountaineering	7,9	320	1.155	2h 07

TIME PLAN

LATEST	PLACE	IF LATE / CONDITION FAILS	ACTUAL
	Start		
08:30	Glacier crossed (moraine foot)	Wait for firm snow until 09:30 at the latest, then Plan B via Le Chargeur	
10:00	Pas de Chèvres (top of the ladders)	Regroup, water, then down the combe	
12:30	Arolla	Plan B: Descend to Le Chargeur (Lac des Dix), PostBus via Hérémence, taxi back to Arolla	
10:30	TURNAROUND	back to the hut and Plan B if the pass is not reached	
	Back at hut / valley		

VIABLE IF

- ☐ Clear morning, ladders free of verglas
- ☐ Everyone slept and eats breakfast at 2928 m

WEATHER WINDOW

Window 11–22 · rain from 9:00 · 0°C · 3.500–3.810 m

	05:00	08:00	11:00	14:00	17:00	20:00
Sky	Cloudy	Rain	Rain	Rain	Rain	Cloudy
Temp	6°	6°	7°	7°	7°	6°
Precip mm	0,0	0,5	0,6	0,2	0,2	0,0
Wind km/h	2	0	3	7	7	2
0°C level m	3.790	3.630	3.530	3.620	3.650	3.630

Forecast at rendering time; recheck before you start.

HAZARDS & ASSUMPTIONS

Verglas on the ladders at dawn; the glacier softens after 11:00. Nothing after the descent: no rush on the drive home.

WAYPOINTS

- Pas de Chèvres ladders · 46.01628, 7.43183 · 2855 m · four ladder sections, about 20 m · exposed but well maintained
- Arolla village · 46.02270, 7.48260 · 2000 m · base for the three days · PostBus stop and car park

NOTES

Hut breakfast 06:00, on the glacier by 06:45 while it is firm. Lunch in Arolla, drive home.

CHECKLIST

- ☒ Route selected
- ☐ Water plan
- ☒ Camps or huts
- ☐ Permits
- ☒ Weather checked
- ☐ Offline maps
- ☐ Emergency info
- ☐ Harness and sling for the ladders
- ☐ PostBus timetable La Gouille – Arolla
- ☐ Tell someone the plan

TRIP NOTES

Party of 4 (two experienced on ladders and glacier). Base: Arolla. Emergency: 144 / Rega 1414. Spare objective if the Dix is out: Cabane de la Tsa.